



## Gweithgareddau Iaith a Rhif Uned dan 5 *Language and Maths Activities Under 5's Unit*



Dyma ychydig o syniadau ar gyfer gweithgareddau i chi eu gwneud adref gyda'ch plentyn yn ystod yr wythnosau nesaf.

*Here are some activities you can do with your child over the next few weeks.*

Darllen yn rheolaidd. *Read on a regular basis.*

Trafod dyddiau'r wythnos, misoedd y flwyddyn, y tywydd.

*Discuss days of the week, months of the year, the weather.*

Beth am ymarfer ffurfio enw/llythrennau/rhifau – yn yr awyr, gyda sialc, ewyn eillio, blawd, gyda brws paent a dŵr.

*How about practicing forming your name/letters/numbers - in the air, with chalk, shaving foam, flour and with a paint brush and water.*

Canu hwiangerddi a chaneuon syml.

*Sing nursery rhymes and action songs.*

Mwynhau gwyllo rhaglenni Cyw ar S4C.

*Enjoy Watching Cyw programmes on S4C.*

Chwarae gemau bwrdd syml.

*Play simple board games.*

Gwrando ar storïau traddodiadol.

*Listen to traditional stories.*

### **Dyma rhai gwefannau defnyddiol. *Here are some useful websites.***

twinkl.co.uk – rhai adnoddau ar gael am ddim ar hyn o bryd. *Some free resources available at the moment.*

bbc.co.uk/cymru/dysgu/cynradd/

cyw.s4c.co.uk/

hwb.wales.gov.uk

bbc.co.uk/cymru/untro/

poridrwystori.booktrust.org.uk/resources/

booktrust.org.uk

dysgugydasam.co.uk (Adnoddau y gellir eu lawrlwytho. *Resources that can be downloaded.*)

topmarks.co.uk (gemau mathemategol. *Number games.*)

purplemash.com

**Rydym wedi atodi taflenni gwaith ffurfio llythrennau i chi eu printio a'u gwneud adref.**

***We have also attached some letter formation worksheet for you to print and complete.***

**Cofiwch ddefnyddio rhai o'n hoff appiau.**  
**Remember to use some of our favorite apps.**



Tric a Chlic



Betsan a Roco  
yn y Pentref



Cychwyn Eto



Byd Cyw



Llyfrau Bach  
Magi Ann



Amser Stori  
Cyw



Cyw a'r  
Wyddor



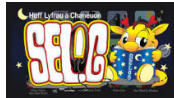
Celf gyda Sam  
y



Alun yr Arth Ar  
y Fferm



Dewin a  
Doti



Hoff Lyfrau  
Selog



Bys a Bawd

### **Mwy o syniadau! More Ideas!**

Ymarfer ysgrifennu symbolau rhifau i 20 neu mwy os fedrwch Gwnewch grwpiau o rifau gwahanol e.e setiau o 5 pel, 7 car, 10 tedi. *Practise writing number symbols to 20 (and more if you can). Make groups of different numbers e.g 5 balls, 7cars, 10 teddies.*

Chwiliwch am siapiau cylch / sgwâr/triong! / petryal o gwmpas y tŷ. *Look for the following shapes around the house. Circle/square/ triangle/rectangle.*

Dosbarthwch eich teganau fesul lliw / maint (bach, canolig, mawr). *Sort out your toys according to colour / size (small, medium, large).*

Tynnwch lun o'ch hun wrth edrych yn y drych. *Draw a picture of yourself by looking in the mirror.*

Tynnwch lun eich teulu. *Draw a picture of your family.*

Tynnwch lun o'ch hoff gymeriad ffilm/stori/cartwn. *Draw a picture of your favourite film/story/cartoon character.*

Ysgrifennwch enwau pawb sydd yn eich teulu (gofynnwch am help oedolyn i gopio'r enwau). Defnyddiwch liwiau gwahanol. *Write the names of everyone in your family (ask for adult help to copy the names). Use different colours.*

