

# UNED FAN ANAFIADAU DINBYCH



Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

Ar agor 8am-6pm Dydd Llun-Gwener.  
Ar gau dros y penwythnos a gwyliau



Oriau agor yr uned belydr-X  
8.30-12.30yh & 2-4.30yh

Ffoniwch o flaen llaw os ydych chi eisiau trafod eich anaf -

03000855776

## YR HYN Y GALLWN EI WELD

## YR HYN NA ALLWN EI WELD

- Ysigiadau
- Pelydr-X or ysgwydd lawr ir
- bysedd ac o'r benglin i'r bodau traed. (Oed 5+)
- Man glwyfau
- Man losgiadau
- Man anafiadau i'r pen (heb gollu ymwybyddiaeth/dim yn cymeryd teneuwyr gwaed)
- Brathiadau pryfed ac anifeiliaid
- Cyrff estron yn y croen, llygaid a chlustiau
- Torri modrwy
- Poen y frest
- Anaf i'r asen
- Methu cymeryd pelydr-x i blant o dan 5 oed
- Methu trin plant o dan 1 oed
- Anawsterau anadlu
- Trawma mawr
- Brech
- Poen yn yr abdomen
- Heintiau'r gwddf a'r frest
- Problemau beichiogrwydd
- Adweithiau alergedd
- Gorddosau/problemau alcohol
- Poen gwddf, cefn a clun



Denbigh Community Hospital, Ruthin Rd, Denbigh, LL163ES

# DENBIGH MINOR INJURIES UNIT



Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

Open 8am-6pm Monday to Friday.  
Closed weekends and Bank  
Holidays.



X-ray opening times are  
Monday-Friday  
8.30-12.30pm & 2-4.30pm

Contact us prior to your arrival if you would like to check  
your symptoms - **03000855776**

## WHAT WE CAN SEE

- Sprains and strains of limbs
- X-rays of lower and upper LIMBS ONLY (below shoulder and below knee) (5 years old+)
- Minor wounds
- Wound infections
- Minor burns and scalds
- Minor head injuries (with no loss of consciousness/no blood thinners)
- Insect and animal bites
- Foreign bodies to skin, eyes and ears
- Ring removal

## WHAT WE DON'T SEE

- Chest pain
- Rib injuries
- Unable to xray under 5 years old
- Unable to see/treat under 1 years old
- Breathing difficulties
- Major trauma
- Rashes
- Abdo pain
- Throat and chest infections
- Pregnancy problems
- Allergic reactions
- Overdoses/alcohol related problems
- Hip/back/neck pain

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